



# First Aid

## Level 2 Award in Emergency First Aid at Work (QCF)

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This qualification is ideal for those already working, or preparing to work within industry wishing to become a First Aider in the workplace for the purposes of the Health and Safety (First Aid) Regulations 1981 and the Health and Safety (First Aid) Regulations (Northern Ireland) 1982.

Topics within this qualification are regarded by the Health & Safety Executive (HSE) as being important in maintaining good practice in the safe, prompt and effective treatment of injuries and ill health in the workplace.

### How long will it take me to achieve this qualification?

This is a 1 credit qualification, with a guided learning hour's value of 8 and it has a minimum contact time of 6 hours, which is typically delivered via a 1 day course.

### How is the qualification assessed?

Learners must undertake a practical assessment of their competence along with a short open response knowledge assessment, where learners are required to provide a short response to a prescribed series of questions.

### What next?

In line with guidance provided by the HSE, the qualification supports/approves work place emergency first aiders for a period of 3 years, after which point learners will need to retake the course. In addition to this it is also recommended that learners refresh their knowledge annually.

Following the completion of this qualification, learners may wish to go on to take the following qualifications:

- Level 3 Award in Paediatric First Aid (QCF)
- Level 2 Award in Cardiopulmonary Resuscitation and Automated External Defibrillation (QCF)
- Level 3 Award in First Aid at Work (QCF).